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## Fuente de Mariscos (Serves 2) Mexican Seafood Casserole

1 lobster, cut in half and cleaned  
10 top neck clams  
20 mussels  
8 oz. calamari  
8 oz. shrimp  
8 oz. scallops  
4 oz. crab meat  
2 springs cilantro  
2 plum tomatoes, chopped  
1 potato, julienned  
1 carrot, julienned  
4 garlic cloves, diced  
1 cup white wine  
2 tbsp. extra virgin olive oil  
Salt and ground pepper to taste

In a large sauce pan, heat olive oil and sauté garlic. Add lobster halves and clams with white wine. Cook for two minutes. Add rest of ingredients and season with salt and pepper. Cook 5 to 6 minutes longer till done (don't over cook). Serve over rice if desired.

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